



A Year of Personal Prayer Focus

PRAYING THE BIBLE

APRIL

INTRODUCTION:

To be strong in the Spirit and prayer, demands discipline. Without a set time and place, prayer often just doesn't happen. There are things we do in life without failing. Morning and night we brush our teeth, and maybe more. We speak with people every day.

Make prayer a part of your daily life. Speak with God every day.

FIRST FOCUS:

- Try a new thing this month by following Psalm 55:17, KJV. "Evening, and morning, and at noon, I will pray..."
- Even on a busy day, three short times of speaking with God can be put in your schedule. Post reminder notes around the house, office and perhaps even in your car (especially if you spend much time in it).

SECOND FOCUS:

- Praying without ceasing (I Thessalonians 5:17). Is that possible?
- Understand that praying without ceasing is a daily *discipline* of prayerfully living our lives. If we pause to pray at least three times a day, we will always be only a short time from prayer.
- It is possible to live with a prayerful mindset, filtering our thoughts and actions through a prayerful perspective.

THIRD FOCUS:

- The great leader Joshua was commanded to meditate on the law, or Word of God, day and night and not to let it depart out of his mouth (Joshua 1:8). This was to insure that he would do it and thus prosper (do well) in his way.
- Meditation on the Word, or anything else, is quickly become a lost art. This week, try adding to your personal petition in prayer, the practice meditating on a portion of Scripture. At first, you may feel like you're wasting time, but it is worth the *practice*.
- The point of meditation is not to accomplish something, but to be strengthened spiritually and changed.

FOURTH FOCUS:

- Psalm 104:33-34 speaks of singing unto the Lord and meditation on Him as being sweet.
- Try sweetening your prayer experience this week by offering up a song or psalm to God. Make it completely about Him and let the words flow from your own heart and personal experiences.
- Too often much of our singing is directed toward people. Your prayer time this week can change that.
- Let your mind revel (meditate) in the kindness, mercy, and good promises of God...then let your heart express itself through song.

