



A Year of Personal Prayer Focus

PRAYING THE BIBLE

MAY

INTRODUCTION:

Think on this: *A prayer of faith is largely dependent on what we believe about God and His ability and desire to answer prayers.*

How is your level of faith at this start of this month? What is impacting it? What do you really, in practice not theory, believe about God's ability and desire to answer *your* prayers? Come back at the end of the month, answer these same questions and compare your answers.

FIRST FOCUS:

- Read Psalm 5:1-3. Isn't it a beautiful reading of directing our prayer to God? In our prayers we too often focus on our needs without realizing the one to whom we pray is bigger than our biggest need.
- Meditate on Isaiah 66:1—He inhabits the heavens and the earth.

SECOND FOCUS:

- You are invited to the throne room of God! "So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it" (Hebrews 4:16).
- Where you are, in your need, think about where you can go and whom you can petition.
- Let the truth of who God is penetrate to the place of your need—it will have a strong influence on your prayers.

THIRD FOCUS:

- "Our father..." Jesus taught us that prayer is a relationship as with a father and a child.
- Jesus also reminded us that if parents know how to give good things to their children, how much more does our heavenly father desire to do good toward us (Matthew 7:7-11).

FOURTH FOCUS:

- Circumstances surrounding us on earth can seem less threatening if we can keep an image of the majesty of God in our mind. How long has it been since you envisioned the majestic throne room of God?
- Read Revelation 4:1-8 and draw the elements found around the throne, one line at a time. It's incredible! Then, keep it out where you can review it daily.
- This place, this fantastic place, is where your prayers go!
- Each day of this focus, allow your mind to think on these things. Yes, He is such a great God!

FIFTH FOCUS:

- The name of Jesus, in prayer opens all the possibilities of heaven. Jesus said, "You can ask for anything in my name, and I will do it, because the work of the Son brings glory to the Father. Yes, ask anything in my name, and I will do it!" (John 14:13-14, NLT). He also said, "At that time you won't need to ask me for anything. The truth is, you can go directly to the Father and ask him, and he will grant your request because you use my name" (John 16:23, NLT).
- These and other scriptures assure us of the power of the name of Jesus in prayer. Rejoice and praise God that this truth is known to you.

Personal Prayer Focus adapted from *Praying the Bible: The Pathway to Spirituality* by Thetus Tenney.

